

WEEK TWO - DAY ONE - STUDENT

Connect With God - 4 minutes

There is something powerful about speaking our praise to God. Out loud, tell God how much He means to you.

Consider This... - 3 minutes

Think about the last few days. How much of what you've said has been helpful or healing to other people?

Get Into the Word - Jonah 3:1-10 (NLT) - Read aloud - 3 minutes

Then the Lord spoke to Jonah a second time: 2 "Get up and go to the great city of Nineveh, and deliver the message I have given you." 3 This time Jonah obeyed the Lord's command and went to Nineveh, a city so large that it took three days to see it all. 4 On the day Jonah entered the city, he shouted to the crowds: "Forty days from now Nineveh will be destroyed!" 5 The people of Nineveh believed God's message, and from the greatest to the least, they declared a fast and put on burlap to show their sorrow. 6 When the king of Nineveh heard what Jonah was saying, he stepped down from his throne and took off his royal robes. He dressed himself in burlap and sat on a heap of ashes. 7 Then the king and his nobles sent this decree throughout the city: "No one, not even the animals from your herds and flocks, may eat or drink anything at all. 8 People and animals alike must wear garments of mourning, and everyone must pray earnestly to God. They must turn from their evil ways and stop all their violence. 9 Who can tell? Perhaps even yet God will change his mind and hold back his fierce anger from destroying us." 10 When God saw what they had done and how they had put a stop to their evil ways, he changed his mind and did not carry out the destruction he had threatened.

Going Deeper - 5 minutes

1. What happened when the Lord spoke?
2. What happened when Jonah spoke?
3. What happened when the king spoke?

The Takeaway - 5 minutes

1. What do you need forgiveness for? Bow your head, confess your sin, and ask for the Lord to forgive. Tell Him you want to change your behavior, knowing He will be there to help.
2. Pray and ask the Lord to help you speak words of life and healing to everyone you encounter today.

Overtime

Now God would like to speak some words of life to you. Do you believe that? Silence your phone and quiet yourself before the Lord. If you're a believer, the Holy Spirit is within you and wants to speak. He wants to drop some amazing thoughts on your heart and mind. Remember that anything He says has to agree with the Bible and God's character, so He won't bring up sins that are forgiven. Write down what He says to you.

WEEK TWO - DAY TWO - STUDENT

Connect With God - 5 minutes

Think of the biggest, largest things you've ever seen (buildings, mountains, oceans). Now imagine God towering over all of those. Be reminded of how big He is.

Consider This... - 2 minutes

If you knew you could tell anyone about Jesus today and they'd say "yes," who would it be? So what's stopping you?

Get Into the Word - Jonah 4:1-4 - read twice - 3 minutes

This change of plans greatly upset Jonah, and he became very angry. 2 So he complained to the Lord about it: "Didn't I say before I left home that you would do this, Lord? That is why I ran away to Tarshish! I knew that you are a merciful and compassionate God, slow to get angry and filled with unending love. You are eager to turn back from destroying people. 3 Just kill me now, Lord! I'd rather be dead than alive if what I predicted will not happen." 4 The Lord replied, "Is it right for you to be angry about this?"

Going Deeper - 5 minutes

1. Was Jonah surprised that the people turned to God? Why or why not?
2. In anger, Jonah says some nice things about God. What are they? Which is your favorite?

The Takeaway - 5 minutes

1. Aren't you glad that God is "slow to get angry" with you too? Think about how forgiven you are and thank the Lord for it.
2. God asks Jonah, "Is it right for you to be angry about this?" Is there anything we're angry about that God might ask us the same question?

Overtime

If you are angry with God over something, it's OK to "have it out" like Jonah did. Even if our attitude isn't perfect, it is better to have honesty in our relationship. Lay it out before the Lord. But once you do, give Him a chance to respond and listen to His direction.



WEEK TWO - DAY THREE - STUDENT

Connect With God- 3 minutes

What are some things God has done for you or in you that you didn't realize? Go over the last week and think of what God has done and thank Him for each of them.

Consider This... - 3 minutes

Do you usually think that God is for you or against you?

Get Into the Word - Jonah 4:5-11 (NLT) - 4 minutes

5 Then Jonah went out to the east side of the city and made a shelter to sit under as he waited to see what would happen to the city. 6 And the Lord God arranged for a leafy plant to grow there, and soon it spread its broad leaves over Jonah's head, shading him from the sun. This eased his discomfort, and Jonah was very grateful for the plant. 7 But God also arranged for a worm! The next morning at dawn the worm ate through the stem of the plant so that it withered away. 8 And as the sun grew hot, God arranged for a scorching east wind to blow on Jonah. The sun beat down on his head until he grew faint and wished to die. "Death is certainly better than living like this!" he exclaimed. 9 Then God said to Jonah, "Is it right for you to be angry because the plant died?" "Yes," Jonah retorted, "even angry enough to die!" 10 Then the Lord said, "You feel sorry about the plant, though you did nothing to put it there. It came quickly and died quickly. 11 But Nineveh has more than 120,000 people living in spiritual darkness, not to mention all the animals. Shouldn't I feel sorry for such a great city?"

Going Deeper - 5 minutes

1. What are the three things that "God arranged for" in this scripture?
2. Why would God "arrange" things that we don't like?
3. Why was Jonah angry with God?

The Takeaway - 5 minutes

1. Think about unbelievers that you know. Regardless of how they act, do you feel sorry that they're living in spiritual darkness?
2. How much does anger play a role in your daily life? What typically makes you angry?

Overtime

If anger is a regular problem in your life, ask the Holy Spirit to search your heart and reveal where it might come from. Be patient in the God's presence, knowing the Lord ultimately wishes to bring healing to your life. Don't be afraid of the truth, because knowing the truth sets us free.

